Su-S-073
Case formulation in a community mental health program for children and adolescents
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We present a model of formulation used by child and adolescent mental health professionals in Response, Early Intervention and Assessment in Community Mental Health (REACH), a community mental health team for children and adolescents in Singapore. This biopsychosocial-developmental model identifies the multiple factors of a problem and helps to plan a comprehensive approach. An illustrative case formulation will be presented.

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Su-S-073a
Introduction
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This session aims to discuss the self pathologies seen in adolescence with two case presentations. One is a paper on a family therapy with a teenager who was diagnosed as potentially suffering from ADHD but was in the end caught up in a severe narcissistic struggle regarding her self esteem in a family which was ruled by a lack of empathy. The other is a case of disturbance in the self development which presents as a severe case of identity confusion in adolescence.

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Su-S-073b
In what way a self psychological understanding of development facilitates the treatment of a profoundly disturbed adolescent girl within the setting of a family therapy
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Borderline personality disorders frequently present with intense symptoms and the patient’s environment may react with equally intense responses. Contemporary psychiatry views psychological development as influenced by the individual’s experiences within his/her social environment. The child centered family therapy concept addressed this by presenting a mode of treatment which fosters the adolescent’s development by improving her social environment’s capacities to respond to her needs more adequately; this includes the direct involvement of the parents in an ongoing treatment which is directed at solving the parents’ psychological difficulties in parenting within the overall goal of providing the needed milieu for the adolescent’s further psychological development and well-being.

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Su-S-073c
Identity confusion is discussed as a form of self pathology
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This is a case of a young girl whose self development was disturbed and have always been looking for idealizing selfobjects. When she becomes an adolescent after a disappointing relation with one of these subjects she decides to become a nun and enters a monastery, though the family has an Islamic background. After a long term, self-psychology oriented psychotherapy she could get an integrated self, resolved the identity confusion and continued with her university education.