Impact study of a formation programme on communication for aphasic family carers
(last results)

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The communication disability due to stroke induces a loss of autonomy and modifies profoundly the social role of the patient [1].

Objectives.– A training program is built by speech therapists in partnership with the National Federation of Aphasics of France, on the whole country to family carers.

A first session of information approaches the repercussions of the communication disability, and then during following two sessions, the specific problem of aphasics in term of shared communication disability on quality of life.

This program is the object of a measure of impact on family carers. We verify how it answers their request of information about the aphasia and communication disability answer a real request of behalf of the aphasic and his family carers, to find solutions to decrease the handicap of communication and to acquire self-care skills and psychosocial skills [4].

Results.– Communication skills (TLC, PTECCA) and quality of life (C10) improved significantly. However the burden of care score (Zarit) was not modified, thus confirming a preceding observation [3].

Discussion.– Therapeutic patient education to improve communication skills for the aphasic and his family carers enables them to better apprehend the concept of communication, to find solutions to decrease the handicap of communication and to acquire self-care skills and psychosocial skills [4].

References

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An ecosystemic assessment of the aphasic person communication with his spouse: The PTECCA

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Communication abilities disorders caused by aphasia penalize the subject in his quality of life. To take efficiently into account this handicap, the speech therapist has to associate to the re-education work made with the patient a valuation and an adaptation of this environment according to his remaining communication abilities. This approach, usually called “ecosystemic”, offers to involve the aphasic person close circle in the valuation and the speech therapy consideration, in order to train the main communication partners of the patient to an efficient communication, adapted to language diseases. According to the lack of assessment formalized to this activity field, we have kept trying to create an ecosystemic assessment of the aphasic person communication with his spouse: the PTECCA. This article generally presents this protocol focusing on the valuation originality which is proposed.

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