Results.– Communication skills (TLC, PTECCA) and quality of life (C10) improved significantly. However the burden of care score (Zarit) was not modified, thus confirming a preceding observation [3].

Discussion.– Therapeutic patient education to improve communication skills for the aphasic and his family carers enables them to better apprehend the concept of communication, to find solutions to decrease the handicap of communication and to acquire self-care skills and psychosocial skills [4].

References
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Impact study of a formation programme on communication for aphasic family carers (last results)
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The communication disability due to stroke induces a loss of autonomy and modifies profoundly the social role of the patient [1]. Objectives.– A training program is built by speech therapists in partnership with the National Federation of Aphasics of France, on the whole country to family carers.

A first session of information approaches the repercussions of the communication disability, if it relieves the burden of family carers. The family carers are recruited on 25 sites on the whole country for October 2010 till June 2011. Sessions of information in the evening then training on two days are proposed each in three months of interval. Seven types of questionnaires (before/after or of saturation) are subjected to family carers.

Results.– Sixty percent of the 1500 participants on information sessions wish to obtain additional information and feel a need of training [2]. The results of before/after questionnaire will be presented.

Discussion.– Information and training of aphasics family carers on the aphasia, communication and communication disability answer a real request of behalf of families. The real impact in term of modification of the behavior of communication and quality of life will be discussed.

References

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