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P043-e

English cross-cultural translation and validation of the NM-Score: A system for motor function classification in patients with neuromuscular diseases

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Objective.– To develop an English version of the Neuromuscular-Score (NM-Score).

Methods.– Forty-two patients aged 5- to 19-years-old with a confirmed or suspected diagnosis of congenital muscular dystrophy were enrolled. An English version of the NM-Score in each of the three domains (D1: standing and transfers; D2: axial and proximal motor function; D3: distal motor function) was developed by a 9-expert panel. Its concurrent validity was tested against criterion standards (Brooke, Motor Function Measure, Activlim, Jebsen Test, and myometry). Informant agreement between patient-reported and clinician-reported NM-Score was measured by weighted Kappa.

Results.– Significant correlation coefficients were found between NM-Score and criterion standards, the best correlations occurring with MFM D1 (r = −0.944, P < 0.0001), Activlim (r = −0.895, P < 0.0001) and hip abduction (r = −0.811, P < 0.0001). Informant agreement between clinician- and patient-reported NM-scores was excellent for D1 (k = 0.801, 95% CI 0.701–0.914) but moderate for D2 (k = 0.592, 95% CI 0.412–0.773) and D3 (k = 0.485, 95% CI 0.290–0.680). The correlation coefficients between NM-Score and criterion standards were not significantly different between clinician-reported NM-Score and patient-reported NM-Score.

Discussion.– The English version is a reliable and valid instrument that can be used in clinical practice and research to describe the functional abilities of patients with NM diseases.

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P045-e

Acquired adult flat foot due to isolated spring (plantar calcaneonavicular) ligament rupture. Case report and state of the art of ultrasonography

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Keyword: Spring ligament flatfoot deformity sonography

Background.– The spring ligament complex (SL) is essential for the stability of the longitudinal arch of the foot. We report ultrasonographic findings in a patient with traumatic rupture of the SL following evasion trauma.

Methods.– During football game, a 49-year-old man was tackled on his right foot and initially diagnosed with a medial ankle sprain. A flatfoot deformity, tenderness on the medial aspect of the ankle, ability for single leg tiptoe standing with partial restoration of the medial arch height were suggestive for an intact posterior tibialis tendon (PTT). Valgus translation of the heel and forefoot abduction indicated SL insufficiency. Ultrasonography revealed abnormal SL while collateral medial ligament and PTT were intact. MRI confirmed an isolated SL rupture.

Results.– Conservative treatment with braces failed to relieve symptoms and patient underwent surgery for SL repair and PTT augmentation. Medial longitudinal arch width was restored and remained stable.

Discussion.– Isolated SL rupture is rare, more often concomitant with PTT chronic dysfunction. Surgery may be necessary if conservative treatment fails. Status of the SL can be a significant consideration in preoperative planning. Despite anatomical complexity, ultrasound can depict an abnormal spring ligament pattern: hypoechogenic, thickened with internal vascularity. In some difficult cases, MRI can be necessary.

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P044-e

Regression of supernumerary upper limb phantom and pain after left complete plexus brachial avulsion using mirror therapy: A single case study

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Keywords: Mirror therapy; Pain; Deafferentation; Hallusinose; Upper limb

Background.– Body image disorders as phantom limb phenomena may be observed after somatosensory deafferentation. We report a patient showing a hallucinose and algo-hallucinose after a traumatic avulsion of left brachial plexus 11 years ago. The aim of the study was to perform a detailed study of this chronic phantom limb and test effects of mirror therapy.

Methods:– the left phantom limb was assessed by an somatosensory-to-visual matching task. The task consisted in presenting the patient with image of his limb phantom attached to his real limb and asking him, whether he judged the picture fitted his somatosensory perception;– the patient was exposed to mirror intervention consisting in 2 sessions lasting 30 minutes of unilateral movement observation.

Results.– An isomorphic phantom limb attached to the anesthetic forearm was reported by the patient. A dramatic reduction of hallucinose and pain was reported (100% after the first and 60% after the second) and was maintained 24 h later.

Discussion.– Chronic hallucinose and algo-hallucinose are due to complete deafferentation. These symptoms were alleviated by mirror therapy, which facilitates the restoration of body image.

Conclusion.– Mirror therapy constitutes a powerful and useful therapeutic option for disorder of body representation disorders.

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